

# Tang Soo Do Black Belt Quiz

This is a practice quiz for black belt candidates to help them study for the written test. Upon submission, it will grade your quiz immediately, giving you the answers you gave as well as the correct answers. If you encounter any problems or inaccuracies, please contact me at [pzb4@psu.edu](mailto:pzb4@psu.edu). You can take the test as many times as you wish. It is my hope that it will help you pass the written Tang Soo Do test.

Good luck and Tang Soo!



-- Pat Besong

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100 Questions - Multiple choice

Your Name:

1. The Koguryo dynasty was founded in what year?

- ☐ a. 37 BC
- ☐ b. 57 BC
- ☐ c. 18 BC
- ☐ d. 18 AD

2. The Paekche dynasty was founded in what year?

- ☐ a. 37 BC
- ☐ b. 57 BC
- ☐ c. 18 BC
- ☐ d. 18 AD

3. The Silla dynasty was founded in what year?

- ☐ a. 37 BC
- ☐ b. 57 BC
- ☐ c. 18 BC
- ☐ d. 18 AD

4. What year did Kwan Chang Nim come to the United States?

- ☐ a. 1965
- ☐ b. 1945
- ☐ c. 1982
- ☐ d. 1968

5. What year was Kwan Chang Nim born?

- ☐ a. 1965
- ☐ b. 1936
- ☐ c. 1972
- ☐ d. 1968

6. Where was he born?

- ☐ a. Japan
- ☐ b. Korea
- ☐ c. Hong Kong
- ☐ d. China

7. What is the Korean term for "arm"?

- ☐ a. Pahl
- ☐ b. Bahl
- ☐ c. Da Ri
- ☐ d. Mok

8. What is the Korean term for "foot"?

- ☐ a. Pahl
- ☐ b. Bahl
- ☐ c. Da Ri
- ☐ d. Mok

9. What is the Korean term for "forehead"?

- ☐ a. Moo Roope
- ☐ b. Dan Jun
- ☐ c. Chu Mok
- ☐ d. I Ma

10. What magazine honored Jae C. Shin as a "20th Century Warrior"?

- ☐ a. Black Belt
- ☐ b. Karate
- ☐ c. Self Defense
- ☐ d. Better Homes and Guardians

11. What was the name of the first complete martial arts book?

- ☐ a. Ku Ryung E Mat Cho So
- ☐ b. Mu Duk Kwan
- ☐ c. Mooyae Dobo Tongji
- ☐ d. Sae Bum Nim

12. When was it written?

- ☐ a. 1790
- ☐ b. 1492

- ☐ c. 37 BC
- ☐ d. 668 AD

13. What was the name of the corps of young aristocrats who developed the martial arts in the Silla dynasty?

- ☐ a. Hwa Rang Dan
- ☐ b. Dan Jun
- ☐ c. Stee Li Dan
- ☐ d. Hwang Kee

14. Who wrote the 5 codes of Tang Soo Do?

- ☐ a. Jae C. Shin
- ☐ b. Won Kwang
- ☐ c. Kumkang Yuksa
- ☐ d. Hwang Kee

15. "Serious approach" is an example of a Tang Soo Do \_\_\_\_\_.

- ☐ a. Tenet
- ☐ b. Code
- ☐ c. Law
- ☐ d. Attitude Requirement

16. "In fighting, choose with sense and honor" is an example of a Tang Soo Do \_\_\_\_\_.

- ☐ a. Tenet
- ☐ b. Code
- ☐ c. Law
- ☐ d. Attitude Requirement

17. Grandmaster Shin's favorite passtime is:

- ☐ a. Golf
- ☐ b. Teaching children
- ☐ c. Poetry
- ☐ d. Cooking

18. Grandmaster Shin began his training at the age of:

- ☐ a. 12
- ☐ b. 18
- ☐ c. 6
- ☐ d. 21

19. Grandmaster Shin's instructor was:

- ☐ a. Dan Jun
- ☐ b. Hwa Rang Dan
- ☐ c. Hwang Kee
- ☐ d. Wang Koon

20. Grandmaster Shin was introduced to the martial arts under this training system:

- ☐ a. Song Moo Kwan
- ☐ b. Qui-Gon Jinn
- ☐ c. Chi Do Kwan
- ☐ d. Mu Duk Kwan

21. Grandmaster Shin's college degree was in this field:

- ☐ a. Physical Education
- ☐ b. Political Science
- ☐ c. Business Management
- ☐ d. Mathematics

22. "Concentration" is an example of a Tang Soo Do \_\_\_\_\_.

- ☐ a. Tenet
- ☐ b. Code
- ☐ c. Law
- ☐ d. Attitude Requirement

23. Martial arts were banned from being practiced or taught in Korea during this time period:

- ☐ a. 1968 to 1982
- ☐ b. 9 AM to 5 PM
- ☐ c. 668 to 935 AD
- ☐ d. 1909 to 1945

24. The Korean term "Ku Ryung" means:

- ☐ a. Command
- ☐ b. Waist
- ☐ c. Form or Pattern
- ☐ d. Focus of Eyes

25. The words "blood, life, energy, attention, and control" are associated with which belt?

- ☐ a. Green
- ☐ b. Brown
- ☐ c. Red
- ☐ d. Dark Blue

26. The words "maturity, respect, and honor" are associated with which belt?

- ☐ a. Black
- ☐ b. Brown
- ☐ c. Red
- ☐ d. Dark Blue

27. The words "power, agility, stability, weight, and wisdom" are associated with which belt?

- ☐ a. Green
- ☐ b. Brown
- ☐ c. Red
- ☐ d. Dark Blue

28. The words "mastery, calm, dignity, and sincerity" are associated with which belt?

- ☐ a. Black
- ☐ b. Brown
- ☐ c. Red
- ☐ d. Dark Blue

29. The Korean term for "horse rider stance" is:

- ☐ a. Chun Kul Ja Seh
- ☐ b. Hu Kul Ja Seh
- ☐ c. Kemo Sabi Ja Seh
- ☐ d. Kee Ma Ja Seh

30. "Cchik Ki" is the Korean term for:

- ☐ a. Diagonal Kick
- ☐ b. Wheel Kick
- ☐ c. Axe Kick
- ☐ d. Hook Kick

31. "Jang Kwan" is the Korean term for:

- ☐ a. Heel of Palm
- ☐ b. Fore Fist
- ☐ c. Back Fist
- ☐ d. Knife Hand

32. "Kap Kwan" is the Korean term for:

- ☐ a. Heel of Palm
- ☐ b. Fore Fist
- ☐ c. Back Fist
- ☐ d. Knife Hand

33. "Jung Kwan" is the Korean term for:

- ☐ a. Heel of Palm
- ☐ b. Fore Fist
- ☐ c. Back Fist
- ☐ d. Knife Hand

34. What was the name of the Chief Monk that welcomed Grandmaster Shin to the Shaolin Temple in 1984?

- ☐ a. Hang Jin
- ☐ b. Hwang Kee

- ☐ c. Hang Jung
- ☐ d. Wang Kun

35. What year was Jae C. Shin recruited into the Korean Air Force to teach American soldiers?

- ☐ a. 1968
- ☐ b. 1982
- ☐ c. 1958
- ☐ d. 1965

36. "Ahneso Phaku Ro Mahk Ki" is the Korean term for:

- ☐ a. High Block
- ☐ b. Low Block
- ☐ c. Inside Outside Block
- ☐ d. Outside Inside Block

37. "Choong Dan Hang Jin" is the Korean term for:

- ☐ a. Side Punch
- ☐ b. Side Defense
- ☐ c. Side Kick
- ☐ d. Spear Hand Punch

38. The Korean term for "High Block, Fighting Stance" is:

- ☐ a. Sang Dan Kong Kyuck
- ☐ b. Ssang Soo Sang Dan Mahk Ki
- ☐ c. Hu Kul Sang Soo
- ☐ d. Hu Kul Sang Dan Mahk Ki

39. The Korean term for "Middle Section Punch" is:

- ☐ a. Choong Dan Yup Mahk Ki
- ☐ b. Sang Dan Kong Kyuck
- ☐ c. Choong Dan Kong Kyuck
- ☐ d. Ha Dan Kong Kyuck

40. "Kwan Soo Kong Kyuck" is the Korean term for:

- ☐ a. Spear Hand Punch
- ☐ b. Side Punch
- ☐ c. Middle Section Punch
- ☐ d. Two Hand X Block

41. "Nae Kong" is the Korean term for:

- ☐ a. External Power Exercise
- ☐ b. Internal Power Exercise
- ☐ c. Spiritual Power Exercise
- ☐ d. Attack

42. The Korean term for "Focus of Eyes" is:

- ☐ a. Kyum Son
- ☐ b. E Gi Kwan Soo
- ☐ c. Chung Shim
- ☐ d. Shi Sun

43. The Korean term for "Thank You" is:

- ☐ a. Ko Map Sum Ni Da
- ☐ b. Chung Shin Tong Il
- ☐ c. Chon Kyung
- ☐ d. Kyum Son

44. "Shim Sa Kwan Nim" is the Korean term for:

- ☐ a. Examiner
- ☐ b. Grandmaster
- ☐ c. Senior Member
- ☐ d. Senior Dan Holder

45. "Cho Bo Ja" is the Korean term for:

- ☐ a. Turn To Rear
- ☐ b. Attention
- ☐ c. Beginner
- ☐ d. Ready

46. The Silla Dynasty was overthrown by this warlord in 918 AD:

- ☐ a. Won Kwang
- ☐ b. Wang Kun
- ☐ c. Hwang Kee
- ☐ d. Qui-Gon Jinn

47. The kingdom that replaced the Silla dynasty in 918 AD was called:

- ☐ a. Koryo
- ☐ b. Koguryo
- ☐ c. Paechke
- ☐ d. Yi Dynasty

48. In 1392, this new kingdom succeeded it and lasted about 500 years:

- ☐ a. Koryo
- ☐ b. Korguryo
- ☐ c. Paechke
- ☐ d. Yi Dynasty

49. The Korean term for "breaking" is:

- ☐ a. Kup So
- ☐ b. Kyuck Pa
- ☐ c. Kong Kyuck
- ☐ d. Weh Kong

50. The dobohk's origin in Korea can be traced back to:

- ☐ a. 2000 BC
- ☐ b. 1936
- ☐ c. 600 AD
- ☐ d. 57 BC

51. Grandmaster Shin has this number of areas of expertise:

- ☐ a. 12
- ☐ b. 6
- ☐ c. 3
- ☐ d. 14

52. The belt on the dobohk is called a:

- ☐ a. Goku
- ☐ b. Dojang
- ☐ c. Gi
- ☐ d. Dee

53. Pyung Ahn E Dan contains this many moves:

- ☐ a. 20
- ☐ b. 22
- ☐ c. 29
- ☐ d. 52

54. Pyung Ahn Cho Dan contains this many moves:

- ☐ a. 20
- ☐ b. 22
- ☐ c. 29
- ☐ d. 52

55. Bassai contains this many moves:

- ☐ a. 20
- ☐ b. 22
- ☐ c. 29
- ☐ d. 52

56. The Korean term for "Side Stretch Kick" is:

- ☐ a. Bahl Poto Oly Ki
- ☐ b. Bahl Cha Ki Choon Bee

- ☐ c. Yup Poto Oly Ki
- ☐ d. Pahl Put Ki

57. "Choong Dan Yup Mahk Ki" is the Korean term for:

- ☐ a. Side Punch
- ☐ b. Middle Section Punch
- ☐ c. Side Defense
- ☐ d. Knife Hand Block

58. "Yuk Jin" is the Korean term for:

- ☐ a. Knife Hand Defense and Reverse Punch, Fighting Stance
- ☐ b. Side Punch
- ☐ c. Knife Hand Defense and Reverse Punch, Front Stance
- ☐ d. Ridge Hand

59. The Korean term for "Begin" is:

- ☐ a. Shio
- ☐ b. Cha Ryut
- ☐ c. Shi Jak
- ☐ d. Shi Bop A Loo Ma

60. The Korean term for "Foot Techniques" is:

- ☐ a. Bahl Cha Ki Choon Bee
- ☐ b. Jok Ki
- ☐ c. Soo Ki
- ☐ d. Jok Kich

61. The Korean term for "Third" is:

- ☐ a. Sah
- ☐ b. Oh
- ☐ c. Il
- ☐ d. Sam

62. The Korean term for "Four" is:

- ☐ a. Yuk
- ☐ b. Net
- ☐ c. Hana
- ☐ d. Set

63. "Yasot" is the Korean term for:

- ☐ a. Seven
- ☐ b. Five
- ☐ c. Six
- ☐ d. Eight

64. "Chil" is the Korean term for:

- ☐ a. Seventh
- ☐ b. Fifth
- ☐ c. Sixth
- ☐ d. Eighth

65. The Korean term for "Ninth" is:

- ☐ a. E
- ☐ b. Yuk
- ☐ c. Pal
- ☐ d. Ku

66. The Korean term for the symbol on the Korean flag is:

- ☐ a. Tae Kwan
- ☐ b. Tae Keuk
- ☐ c. Jok Ki
- ☐ d. Shi Jak

67. The three broken bars on the symbol represent:

- ☐ a. Fire
- ☐ b. Earth
- ☐ c. Heaven
- ☐ d. Water

68. The three unbroken bars on the symbol represent:

- ☐ a. Fire
- ☐ b. Earth
- ☐ c. Heaven
- ☐ d. Water

69. The two unbroken bars with a broken bar between them represent:

- ☐ a. Fire
- ☐ b. Earth
- ☐ c. Heaven
- ☐ d. Water

70. The two broken bars with an unbroken bar between them represent:

- ☐ a. Fire
- ☐ b. Earth
- ☐ c. Heaven
- ☐ d. Water

71. The origins of Tang Soo Do can be traced back how many years?

- ☐ a. 200
- ☐ b. 600
- ☐ c. 2000
- ☐ d. 22

72. "Tollyo Cha Ki" is the Korean term for:

- ☐ a. Round House Kick
- ☐ b. Back Kick
- ☐ c. Crescent Kick
- ☐ d. Jump Front Kick

73. The Korean term for "Jump Side Kick" is:

- ☐ a. E Dan Ahp Cha Ki
- ☐ b. Dwi Tollyo Cha Ki
- ☐ c. E Dan Yup Cha Ki
- ☐ d. E Dan Dwi Hu Ryo Cha Ki

74. The Korean term for "Meditate" is:

- ☐ a. Nae Kong
- ☐ b. In Neh
- ☐ c. Shim Kong
- ☐ d. Muk Yum

75. Attitude Requirement number 10 is:

- ☐ a. Serious approach
- ☐ b. Always follow a routine training schedule.
- ☐ c. Frequently inspect your own achievements.
- ☐ d. When you begin to feel idle, try to overcome this.

76. Which of the following is NOT one of the mottos that the World Tang Soo Do Association was founded upon:

- ☐ a. Brotherhood
- ☐ b. Professionalism
- ☐ c. Culturalism
- ☐ d. Traditionalism

77. The Korean term "Pyung Ahn" is associated with the words:

- ☐ a. Power, Agility, Weight, Wisdom
- ☐ b. Calm, Peaceful, Safe, Confident
- ☐ c. Maturity, Respect, Honor
- ☐ d. Life, Energy, Attention, Control

78. The Korean term "Kup So" means:

- ☐ a. Breaking
- ☐ b. Vital Points

- ☐ c. Attention
- ☐ d. Respect

79. The following is NOT a recognized type of Black Belt:

- ☐ a. Regular (earned) Black Belt
- ☐ b. Probationary Black Belt
- ☐ c. Advanced Black Belt
- ☐ d. Recommended Black Belt

80. The 6 stars on the Association symbol represent:

- ☐ a. The number of years it normally takes to achieve the rank of Black Belt
- ☐ b. The number of areas of expertise Kwan Chang Nim has
- ☐ c. The number of belts you can achieve before Black Belt
- ☐ d. The six inhabited continents

81. Grandmaster Shin began his formal training in this dojang:

- ☐ a. Seoul Central YMCA
- ☐ b. Seoul Mu Duk Kwan Central Gym
- ☐ c. Korean Police Academy
- ☐ d. Korea University

82. Grandmaster Shin received his degree from this university:

- ☐ a. University of Southern California
- ☐ b. The Pennsylvania State University
- ☐ c. University of Seoul
- ☐ d. Korea University

83. Grandmaster Shin's first school in the United States was in this city:

- ☐ a. Burlington, New Jersey
- ☐ b. Burlington, Vermont
- ☐ c. Philadelphia, Pennsylvania
- ☐ d. Lancaster, Pennsylvania

84. The red circle in the World Tang Soo Do Association symbol represents:

- ☐ a. Self-defense and Health
- ☐ b. Peace and Harmony
- ☐ c. Unity and Brotherhood
- ☐ d. Traditionalism and Professionalism

85. Which of these body parts is NOT labeled as a vital spot when learning striking points?

- ☐ a. Armpit
- ☐ b. Elbow
- ☐ c. Inner Wrist
- ☐ d. Achilles Tendon

86. What kick is the practitioner doing in the World Tang Soo Do Association symbol?

- ☐ a. E Dan Ahp Cha Ki
- ☐ b. E Dan Dwi Tollyo Cha Ki
- ☐ c. E Dan Dwi Cha Ki
- ☐ d. E Dan Yup Cha Ki

87. The Korean term for "Self-defense" is:

- ☐ a. Ho Sin Sul
- ☐ b. Tang Soo
- ☐ c. Ol King Kol
- ☐ d. Hyup Hoi Ki

88. "Kong Kyuck" is the Korean term for:

- ☐ a. Block
- ☐ b. Attack
- ☐ c. Kick
- ☐ d. Begin

89. These two Korean terms are associated with the number "5":

- ☐ a. Il and Hana
- ☐ b. Sah and Net
- ☐ c. Ku and Ahop
- ☐ d. Oh and Tasot

90. These two Korean terms are associated with the number "1":

- ☐ a. Il and Hana
- ☐ b. Sah and Net
- ☐ c. Ku and Ahop
- ☐ d. Oh and Tasot

91. The Korean term for "Neck" is:

- ☐ a. Myung Chi
- ☐ b. Chu Mok
- ☐ c. Tuck
- ☐ d. Mok

92. The Korean term for "Fist" is:

- ☐ a. Myung Chi
- ☐ b. Chu Mok
- ☐ c. Tuck
- ☐ d. Mok

93. The Korean term for "Groin" is:

- ☐ a. Ko Hwan
- ☐ b. Moo Roope
- ☐ c. Pahl Koop
- ☐ d. Hur Ri

94. "Da Ri" is the Korean term for:

- ☐ a. Neck
- ☐ b. Chin
- ☐ c. Leg
- ☐ d. Waist

95. "Kyum Son" is the Korean term for:

- ☐ a. Endurance
- ☐ b. Humility
- ☐ c. Concentration
- ☐ d. Respect

96. "Chon Kyung" is the Korean term for:

- ☐ a. Endurance
- ☐ b. Humility
- ☐ c. Concentration
- ☐ d. Respect

97. The word "Tang" in Tang Soo Do refers to:

- ☐ a. The T'ang Dynasty in China
- ☐ b. The founder of Tang Soo Do
- ☐ c. A corps of young aristocrats of the Silla Dynasty
- ☐ d. A great-tasting breakfast drink

98. The Korean Soo Bahk Do Association was founded in:

- ☐ a. 1945
- ☐ b. 1965
- ☐ c. 1968
- ☐ d. 1982

99. Who founded the Korean Soo Bahk Do Association?

- ☐ a. Master Hwa Rang Dan
- ☐ b. Master Dan Jun
- ☐ c. Master Stee Li Dan
- ☐ d. Master Hwang Kee

100. The Korean Tae Kwan Do Association was founded in what year?

- ☐ a. 1945
- ☐ b. 1965

- ☐ c. 1968
- ☐ d. 1982

Now let's see how you did: [Submit Quiz](#)

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This quiz has been viewed  times since Dec. 9, 2004